

28. Oetinghauser Volkslauf

Ergebnisliste MW+AK Volkslauf 10km

| MWPI | | AK | Startnr | Name | Jahrg. | m/w | Verein | Zeit |
|-----------------------|----|-----|---------|-----------------------|--------|-----|--------------------------------|---------|
| Volkslauf 10km | | | | | | | | |
| w | | | | | | | | |
| 1. | 1. | W30 | 161 | Jasmin Brammert | 1981 | w | SV 06 Oetinghausen | 0:42:53 |
| 2. | 1. | W20 | 210 | Bianca Richter | 1986 | w | BSG JVA Herford | 0:43:33 |
| 3. | 2. | W30 | 131 | Miia Hiljaner | 1981 | w | SV 06 Oetinghausen | 0:43:46 |
| 4. | 1. | W50 | 264 | Bärbel Büschemann | 1965 | w | LG-Sage Detmold-Bad-Salzuffen | 0:43:59 |
| 5. | 3. | W30 | 160 | Franziska Rendler | 1984 | w | | 0:44:38 |
| 6. | 1. | W45 | 286 | Steffi Fernandez | 1969 | w | TSVE 1890 Bielefeld | 0:45:14 |
| 7. | 1. | W35 | 130 | Steffi O'Connor | 1976 | w | BSG JVA Herford | 0:48:08 |
| 8. | 4. | W30 | 159 | Katharina Papka | 1982 | w | | 0:48:10 |
| 9. | 1. | W55 | 42 | Margaretha Werner | 1959 | w | Pulse Watchers | 0:48:15 |
| 10. | 2. | W45 | 76 | Monika Schumann | 1970 | w | Die VitaSol Krabbelgruppe | 0:48:24 |
| 11. | 2. | W35 | 4 | Bianca Häußer | 1978 | w | Prinzessin trifft Laufrüpel | 0:48:28 |
| 12. | 2. | W20 | 252 | Nadine Serafinowski | 1991 | w | | 0:49:03 |
| 13. | 5. | W30 | 251 | Frauke Müller | 1984 | w | EGGER Powerteam | 0:50:26 |
| 14. | 3. | W20 | 11 | Luisa Hippe | 1995 | w | | 0:50:33 |
| 15. | 6. | W30 | 152 | Michaela Werning | 1981 | w | Flying Pixies | 0:50:50 |
| 16. | 3. | W35 | 228 | Kerstin Nolte | 1978 | w | Tansania-AG | 0:51:03 |
| 17. | 3. | W45 | 12 | Petra Hippe | 1968 | w | | 0:51:21 |
| 18. | 1. | W40 | 283 | Katrin Lundström | 1974 | w | Active Sportshop Gütersloh | 0:51:59 |
| 19. | 4. | W20 | 273 | Vanessa Krutemeier | 1990 | w | | 0:52:34 |
| 20. | 2. | W40 | 87 | Kathrin Stäube | 1972 | w | | 0:52:56 |
| 21. | 5. | W20 | 138 | Anna George | 1990 | w | Grundschule Altensenne Herford | 0:53:25 |
| 22. | 4. | W35 | 240 | Antonia Jazvec | 1979 | w | | 0:53:39 |
| 23. | 2. | W50 | 16 | Gabriele Stegemann | 1961 | w | MAXX Fitness, Herford | 0:54:02 |
| 24. | 5. | W35 | 154 | Katrin Beike | 1976 | w | | 0:54:15 |
| 25. | 6. | W20 | 47 | Pia Eckert | 1995 | w | | 0:54:23 |
| 26. | 6. | W35 | 137 | Antje Knoop | 1979 | w | RC Endspurt Herford | 0:54:23 |
| 27. | 1. | WJA | 31 | Magdalene Pizzo | 1996 | w | FGH | 0:54:29 |
| 28. | 2. | WJA | 32 | Rebekka Sörgel | 1998 | w | FGH | 0:54:36 |
| 29. | 3. | W50 | 140 | Marion Heinrichsmeier | 1964 | w | Active Sportshop Herford | 0:54:42 |
| 30. | 4. | W45 | 232 | Hanna Henke | 1968 | w | Tansania-AG | 0:55:44 |

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| MWPI | | AK | Startnr | Name | Jahrg. | m/w | Verein | Zeit |
|------|-----|-----|---------|---------------------------|--------|-----|---------------------------|---------|
| 31. | 7. | W20 | 36 | Julia Neumann | 1987 | w | | 0:55:57 |
| 32. | 1. | W60 | 45 | Elke Korpjuhn | 1953 | w | Airbreaker | 0:56:23 |
| 33. | 4. | W50 | 75 | Helga Brinkmann | 1962 | w | Detmold | 0:56:35 |
| 34. | 3. | WJA | 176 | Lena Hauppert | 2000 | w | | 0:56:54 |
| 35. | 3. | W40 | 221 | Tanja Wemhöner | 1973 | w | Active Sportshop Herford | 0:57:05 |
| 36. | 7. | W30 | 27 | Kim Nußbaum | 1983 | w | Active Sportshop Herford | 0:57:05 |
| 37. | 5. | W45 | 219 | Susanne Holtmann | 1970 | w | Active Sportshop Herford | 0:57:06 |
| 38. | 4. | WJA | 88 | Clara Stelte | 1997 | w | | 0:57:39 |
| 39. | 6. | W45 | 59 | Claudia Budde | 1968 | w | EGGER Powerteam | 0:57:43 |
| 40. | 5. | W50 | 171 | Beatrix Steeb | 1964 | w | Die VitaSol Krabbelgruppe | 0:58:02 |
| 41. | 5. | WJA | 199 | Luca-Alina Völler | 1999 | w | amnesty international | 0:58:06 |
| 42. | 7. | W45 | 180 | Ljilja Achtsnick | 1969 | w | | 0:58:07 |
| 43. | 8. | W45 | 244 | Sabine Westerheide | 1970 | w | LAC Spenge | 0:58:08 |
| 44. | 6. | W50 | 121 | Sylvia Niehaus | 1965 | w | | 0:58:08 |
| 45. | 7. | W50 | 195 | Anja Franke | 1963 | w | BTW Bünde | 0:58:12 |
| 46. | 9. | W45 | 139 | Petra Gries | 1967 | w | | 0:58:12 |
| 47. | 8. | W50 | 188 | Helga Jenzen | 1963 | w | | 0:58:13 |
| 48. | 7. | W35 | 21 | Julia Gnegeler | 1977 | w | | 0:58:47 |
| 49. | 10. | W45 | 637 | Christina Behring | 1968 | w | | 0:58:55 |
| 50. | 4. | W40 | 203 | Tanja Bonas | 1975 | w | | 0:59:12 |
| 51. | 11. | W45 | 116 | Anja Böker | 1968 | w | Active Sportshop Herford | 0:59:22 |
| 52. | 8. | W20 | 222 | Irene Banmann | 1986 | w | LG Oerlinghausen | 1:00:01 |
| 53. | 9. | W50 | 233 | Bettina Poranski | 1964 | w | | 1:00:12 |
| 54. | 12. | W45 | 93 | Stefanie Hepke | 1966 | w | | 1:00:20 |
| 55. | 13. | W45 | 246 | Britta Kuhlmann | 1970 | w | | 1:01:03 |
| 56. | 5. | W40 | 236 | Kirsten Engelhard | 1971 | w | | 1:02:04 |
| 57. | 6. | W40 | 60 | Svenja Rieke | 1971 | w | | 1:02:21 |
| 58. | 14. | W45 | 100 | Simone Zickel | 1968 | w | | 1:02:51 |
| 59. | 15. | W45 | 17 | Simone Niemeier-Vogt | 1966 | w | Wellmann läuft | 1:02:52 |
| 60. | 10. | W50 | 70 | Petra Weickenmeier | 1965 | w | | 1:03:07 |
| 61. | 8. | W35 | 247 | Marina Gösling | 1979 | w | Die VitaSol Krabbelgruppe | 1:03:22 |
| 62. | 11. | W50 | 55 | Marion Stahlsmeier-Eberle | 1964 | w | Active Sportshop Herford | 1:03:39 |
| 63. | 12. | W50 | 98 | Claudia Schönbohm | 1964 | w | active sportshop herford | 1:03:51 |

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| MWPI | | AK | Startnr | Name | Jahrg. | m/w | Verein | Zeit |
|------|-----|-----|---------|----------------------|--------|-----|---------------|---------|
| 64. | 7. | W40 | 105 | Birgit Rehberg | 1971 | w | Privat | 1:04:56 |
| 65. | 16. | W45 | 123 | Alexandra Sonnenberg | 1969 | w | | 1:08:20 |
| 66. | 8. | W40 | 109 | Rosalie Corazza | 1971 | w | Crosby Devils | 1:11:15 |
| 67. | 9. | W35 | 108 | Hannah Bischoff | 1980 | w | | 1:11:15 |
| 68. | 8. | W30 | 117 | Eva Kuhn | 1984 | w | Crosby Devils | 1:11:15 |

m

| | | | | | | | | |
|-----|----|-----|-----|--------------------|------|---|--------------------------|---------|
| 1. | 1. | M40 | 284 | Ingmar Lundström | 1972 | m | Active Sportshop Herford | 0:35:13 |
| 2. | 2. | M40 | 29 | Guido Butschkat | 1974 | m | SV 06 Oetinghausen / TEA | 0:36:15 |
| 3. | 1. | M20 | 275 | Christian Sarwatka | 1989 | m | | 0:37:24 |
| 4. | 1. | M35 | 151 | Stephan Betting | 1979 | m | | 0:38:06 |
| 5. | 1. | MJA | 38 | Niklas Eikmeier | 1997 | m | TG Ennigloh | 0:38:21 |
| 6. | 1. | M30 | 28 | Folker Krüger | 1984 | m | Sport Reha Herford | 0:39:04 |
| 7. | 2. | M35 | 125 | Roberto Weichelt | 1980 | m | Team Koach | 0:39:12 |
| 8. | 1. | M45 | 1 | Dirk Schnelle | 1966 | m | SV 06 Oetinghausen | 0:39:21 |
| 9. | 2. | M20 | 245 | Markus Lohmeier | 1987 | m | TVC Enger | 0:39:58 |
| 10. | 1. | M55 | 181 | Erwin Gronau | 1958 | m | SV 06 Oetinghausen | 0:40:34 |
| 11. | 3. | M20 | 149 | Niklas Romanowski | 1992 | m | | 0:40:45 |
| 12. | 2. | M30 | 202 | Abdul Rashid Malik | 1983 | m | | 0:41:19 |
| 13. | 2. | M55 | 185 | Michael Werner | 1956 | m | | 0:41:37 |
| 14. | 2. | MJA | 66 | Maximilian Keiff | 1998 | m | TGH | 0:41:40 |
| 15. | 1. | M50 | 250 | Brian Burnham | 1964 | m | SV 06 Oetinghausen | 0:41:47 |
| 16. | 3. | M55 | 10 | Karsten Könemann | 1957 | m | TVDA | 0:41:52 |
| 17. | 4. | M20 | 84 | Philipp Stapel | 1994 | m | | 0:42:04 |
| 18. | 2. | M45 | 143 | Markus Bartkowski | 1970 | m | SuS Phönix Bielefeld | 0:42:09 |
| 19. | 2. | M50 | 186 | Hermann Schäfer | 1965 | m | Enol Armaturen | 0:42:18 |
| 20. | 3. | M30 | 122 | Thorsten Kleimann | 1981 | m | | 0:42:49 |
| 21. | 3. | M35 | 102 | Daniel Strobel | 1977 | m | Mutti´s Flitzer | 0:42:53 |
| 22. | 1. | M60 | 145 | Gerhard Striewski | 1953 | m | SuS Phönix Bielefeld 09 | 0:42:57 |
| 23. | 3. | M40 | 257 | Andre Weissmann | 1972 | m | | 0:43:02 |
| 24. | 5. | M20 | 83 | Markus Rasche | 1990 | m | TuS Spenge | 0:43:09 |
| 25. | 3. | M45 | 268 | Ingo Scheffczyk | 1968 | m | | 0:43:16 |
| 26. | 4. | M40 | 204 | Mark Schröder | 1972 | m | | 0:43:22 |
| 27. | 4. | M30 | 103 | Meikel Strobel | 1981 | m | Mutti´s Flitzer | 0:43:25 |

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| MWPI | | AK | Startnr | Name | Jahrg. | m/w | Verein | Zeit |
|------|-----|-----|---------|--------------------|--------|-----|----------------------------|---------|
| 28. | 4. | M45 | 267 | Kai-Uwe Böttinger | 1966 | m | Organspende | 0:43:39 |
| 29. | 5. | M45 | 132 | Dirk Niemeyer | 1969 | m | SV 06 Oetinghausen | 0:43:46 |
| 30. | 5. | M40 | 133 | Jochen Niebuhr | 1975 | m | SV06 Oetinghausen | 0:43:53 |
| 31. | 3. | M50 | 276 | Stefan Homann | 1965 | m | TSVE 1890 Bielefeld | 0:44:04 |
| 32. | 5. | M30 | 260 | Fabian Bergfeld | 1983 | m | Sport Reha Herford | 0:44:08 |
| 33. | 6. | M45 | 262 | Riety Baltrusch | 1966 | m | | 0:44:13 |
| 34. | 6. | M20 | 101 | Christoph Hansen | 1988 | m | | 0:44:22 |
| 35. | 7. | M45 | 22 | Guido Tautz | 1967 | m | g.t.design | 0:44:23 |
| 36. | 6. | M40 | 69 | Norbert Czaja | 1973 | m | Amateur | 0:44:36 |
| 37. | 4. | M55 | 265 | Wilfried Kahlert | 1957 | m | TVC Enger | 0:44:37 |
| 38. | 8. | M45 | 282 | Andreas Nolting | 1970 | m | SC Enger | 0:44:39 |
| 39. | 4. | M50 | 86 | Frank Braksiek | 1965 | m | SV 06 Oetinghausen | 0:44:41 |
| 40. | 4. | M35 | 184 | Raphael Zalar | 1977 | m | TG Heford von 1860 | 0:44:42 |
| 41. | 5. | M50 | 191 | Dietmar Kleiböhmer | 1962 | m | Team Crosby Devils | 0:44:46 |
| 42. | 9. | M45 | 19 | Dirk Sielemann | 1968 | m | H+H | 0:44:48 |
| 43. | 7. | M20 | 150 | Jeremy Bukkt | 1987 | m | | 0:44:52 |
| 44. | 10. | M45 | 249 | Frank Genscher | 1967 | m | | 0:44:57 |
| 45. | 11. | M45 | 147 | Andreas Fritsch | 1968 | m | SV 06 Oetinghausen | 0:45:03 |
| 46. | 3. | MJA | 200 | Niklas Niehaus | 1996 | m | FA Herringhausen Eickum | 0:45:13 |
| 47. | 6. | M50 | 126 | Jens Heinrich | 1964 | m | airbreaker | 0:45:23 |
| 48. | 5. | M55 | 43 | Thomas Bierbaum | 1960 | m | Pulse Watchers | 0:45:33 |
| 49. | 2. | M60 | 158 | Lutz Kuhlmann | 1951 | m | VfL Herford | 0:45:34 |
| 50. | 7. | M50 | 13 | Andreas König | 1961 | m | | 0:45:49 |
| 51. | 8. | M50 | 215 | Dieter Komainda | 1962 | m | TG Herford | 0:45:59 |
| 52. | 6. | M55 | 33 | Volker Platz | 1959 | m | RC ENDSPURT HERFORD | 0:46:18 |
| 53. | 4. | MJA | 175 | Sem Lier | 2002 | m | | 0:46:36 |
| 54. | 5. | M35 | 292 | Pascal Frese | 1980 | m | Monday is Runday | 0:46:41 |
| 55. | 9. | M50 | 73 | Jürgen Schnelle | 1962 | m | run & fun by Häcker Küchen | 0:46:43 |
| 56. | 12. | M45 | 280 | Patrick Wilhelm | 1970 | m | VfL Holsen | 0:46:45 |
| 57. | 7. | M40 | 287 | Misko Presic | 1973 | m | Physiotherapie Presic | 0:46:53 |
| 58. | 3. | M60 | 194 | Helmut Beversdorff | 1952 | m | SGFA H.-Eickum | 0:46:54 |
| 59. | 7. | M55 | 198 | John Pierpoint | 1959 | m | | 0:47:07 |
| 60. | 8. | M40 | 165 | Nicolai Jonas | 1975 | m | Active Sportshop | 0:47:07 |

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| MWPI | | AK | Startnr | Name | Jahrg. | m/w | Verein | Zeit |
|------|-----|-----|---------|----------------------|--------|-----|---------------------------|---------|
| 61. | 6. | M35 | 104 | Stefan Bender | 1976 | m | | 0:47:17 |
| 62. | 9. | M40 | 278 | Dirk Landsmann | 1971 | m | | 0:47:17 |
| 63. | 1. | M65 | 56 | Walter Eberle | 1950 | m | Active Sportshop Herford | 0:47:18 |
| 64. | 10. | M50 | 271 | Jörg Holle | 1963 | m | ATSV Enpelkamp | 0:47:25 |
| 65. | 5. | MJA | 201 | Sascha Schreiber | 1997 | m | | 0:47:32 |
| 66. | 6. | MJA | 269 | Jan Scheffczyk | 1998 | m | | 0:47:32 |
| 67. | 7. | MJA | 136 | Tim Lukas Niehaus | 1998 | m | SV 06 Oetinghausen | 0:47:37 |
| 68. | 7. | M35 | 50 | Sebastian Stieper | 1980 | m | | 0:47:40 |
| 69. | 8. | M55 | 166 | Klaus Wolfgramm | 1957 | m | RC Endspurt Herford | 0:47:44 |
| 70. | 10. | M40 | 183 | Seyfettin Cakar | 1974 | m | | 0:47:48 |
| 71. | 8. | MJA | 174 | Simon Hauppert | 2002 | m | | 0:47:49 |
| 72. | 13. | M45 | 156 | Uwe Opitz | 1967 | m | FA Herringhausen Eickum | 0:47:53 |
| 73. | 11. | M50 | 81 | Bernd Grün | 1964 | m | | 0:47:55 |
| 74. | 11. | M40 | 41 | Marc Freese | 1974 | m | | 0:48:02 |
| 75. | 14. | M45 | 277 | Michael Meier | 1967 | m | BSG Sparkasse Lemgo | 0:48:03 |
| 76. | 6. | M30 | 144 | Steven Hanks | 1981 | m | Enger | 0:48:05 |
| 77. | 7. | M30 | 258 | Martin Danielmeyer | 1981 | m | | 0:48:08 |
| 78. | 9. | M55 | 207 | Axel Kuhlmann | 1960 | m | HKW-Trödeltrupp | 0:48:09 |
| 79. | 12. | M40 | 196 | Lars-Christian Klein | 1973 | m | | 0:48:14 |
| 80. | 12. | M50 | 288 | Frank Tiemann | 1965 | m | Active Sportshop Herford | 0:48:14 |
| 81. | 13. | M40 | 7 | Andreas Fromm | 1971 | m | Amator | 0:48:15 |
| 82. | 14. | M40 | 34 | Thorsten Gösling | 1972 | m | Die VitaSol Krabbelgruppe | 0:48:16 |
| 83. | 9. | MJA | 110 | Nick Ellersiek | 2002 | m | JSG D1 / Tansania AG | 0:48:22 |
| 84. | 8. | M30 | 85 | Mathias Hallau | 1981 | m | FH Bielefeld | 0:48:37 |
| 85. | 13. | M50 | 216 | Thomas Pörtner | 1965 | m | | 0:48:41 |
| 86. | 8. | M20 | 238 | Dennis Poranski | 1986 | m | | 0:48:46 |
| 87. | 15. | M45 | 208 | Thomas Seewald | 1968 | m | HKW-Trödeltrupp | 0:49:00 |
| 88. | 16. | M45 | 209 | Andreas Heidemann | 1968 | m | HKW-Trödeltrupp | 0:49:00 |
| 89. | 8. | M35 | 285 | Thomas Diekmann | 1977 | m | TG Herford von 1860 | 0:49:09 |
| 90. | 10. | MJA | 106 | Kevin Rehberg | 2002 | m | Privat | 0:49:13 |
| 91. | 9. | M35 | 169 | Thorsten Ihrig | 1976 | m | SV 06 Oetinghausen | 0:49:15 |
| 92. | 10. | M35 | 53 | Jens Radulovic | 1977 | m | ALG Herford | 0:49:21 |
| 93. | 14. | M50 | 256 | Ralf Wiefmann | 1962 | m | FC RW Kirchleuferu | 0:49:22 |

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|------|-----|-----|---------|-----------------------|--------|-----|------------------------------------|---------|
| 94. | 15. | M50 | 91 | Jürgen Busse | 1963 | m | SVO-Tri Bad Oeynhausen | 0:49:24 |
| 95. | 9. | M30 | 261 | Jerome Major | 1982 | m | | 0:49:25 |
| 96. | 10. | M30 | 118 | Patrick Sigmund | 1982 | m | Herrmannslauf 2028 | 0:49:26 |
| 97. | 11. | M35 | 94 | Maik Hahn | 1977 | m | Wellmann läuft | 0:49:26 |
| 98. | 12. | M35 | 242 | Torsten Hänzel | 1977 | m | | 0:49:37 |
| 99. | 16. | M50 | 197 | Bernd Wienecke | 1965 | m | Vlotho | 0:49:46 |
| 100. | 11. | MJA | 229 | Lars Köstermeyer | 1997 | m | FA Herringhausen Eickum | 0:49:47 |
| 101. | 13. | M35 | 217 | Meinhard Plappert | 1976 | m | | 0:49:49 |
| 102. | 15. | M40 | 141 | Marco Zurhorst | 1973 | m | | 0:49:55 |
| 103. | 12. | MJA | 111 | Phil-Luca Paweltzik | 2002 | m | JSG D1 / Tansania AG | 0:50:04 |
| 104. | 13. | MJA | 79 | Dozdar Akbalut | 2002 | m | OPG | 0:50:06 |
| 105. | 14. | MJA | 82 | Marvin Amling | 2002 | m | OPG | 0:50:14 |
| 106. | 17. | M45 | 40 | Markus Wunram | 1970 | m | Active Sportshop | 0:50:18 |
| 107. | 17. | M50 | 272 | Jörg Baumann | 1962 | m | TSVE 1890 Bielefeld | 0:50:20 |
| 108. | 11. | M30 | 107 | Thomas Krepper | 1981 | m | EGGER Powerteam | 0:50:26 |
| 109. | 18. | M50 | 179 | Ronald Achtsnick | 1965 | m | | 0:50:27 |
| 110. | 4. | M60 | 225 | Hermann Tilgemeyer | 1954 | m | TG Herford | 0:50:43 |
| 111. | 19. | M50 | 20 | Heinrich Haake | 1964 | m | LG Bergziege, Mumie, Gerippe & Co. | 0:50:45 |
| 112. | 10. | M55 | 227 | Friedhelm Köstermeyer | 1960 | m | Active Sportshop Herford | 0:51:00 |
| 113. | 15. | MJA | 14 | Philipp König | 1998 | m | | 0:51:23 |
| 114. | 11. | M55 | 114 | Peter Gießelmann | 1957 | m | Tus Jöllenbeck | 0:51:36 |
| 115. | 1. | M70 | 205 | Konrad Hohnemann | 1938 | m | | 0:51:39 |
| 116. | 16. | M40 | 23 | Thorsten Finne | 1971 | m | Carlottas Väter | 0:51:52 |
| 117. | 17. | M40 | 281 | Berk Cokkormaz | 1971 | m | TSVE Bielefeld | 0:51:59 |
| 118. | 5. | M60 | 241 | Udo Werner | 1954 | m | LOK Blackenfeld | 0:52:02 |
| 119. | 20. | M50 | 115 | Michael Böker | 1965 | m | Active Sportshop Herford | 0:52:04 |
| 120. | 21. | M50 | 255 | Rolf Miederhoff | 1963 | m | | 0:52:11 |
| 121. | 18. | M45 | 112 | Karsten Bierans | 1969 | m | | 0:52:18 |
| 122. | 18. | M40 | 146 | Frank Hüttemann | 1975 | m | | 0:52:21 |
| 123. | 16. | MJA | 177 | Tobias Tscheuschner | 2000 | m | | 0:52:25 |
| 124. | 12. | M55 | 6 | Ulli Läge | 1959 | m | RC Endspurt Herford | 0:52:39 |
| 125. | 19. | M45 | 259 | Frank Eilbracht | 1966 | m | SG Sparkasse Herford | 0:52:47 |
| 126. | 9. | M20 | 25 | Dennis Hempelmann | 1989 | m | TV Neuenkirchen | 0:52:47 |

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|------|-----|-----|---------|-----------------------------|--------|-----|----------------------|---------|
| 127. | 22. | M50 | 193 | Jörg Düning-Gast | 1964 | m | | 0:52:48 |
| 128. | 19. | M40 | 15 | Dirk Burkhardt | 1973 | m | | 0:53:12 |
| 129. | 6. | M60 | 44 | Wilfried Kuhlemann-Korpjuhn | 1954 | m | Airbreaker | 0:53:13 |
| 130. | 2. | M65 | 37 | Bernd Reißmann | 1948 | m | TG Ennigloh | 0:53:17 |
| 131. | 20. | M45 | 192 | Rainer Krentz | 1966 | m | | 0:53:39 |
| 132. | 3. | M65 | 206 | Friedhelm Becker | 1948 | m | LC92 Bad Salzuflen | 0:53:40 |
| 133. | 20. | M40 | 190 | Holger Niebuhr | 1973 | m | SV 06 | 0:53:46 |
| 134. | 2. | M70 | 168 | Kurt Boer | 1945 | m | Laufspass SW Sende | 0:53:57 |
| 135. | 17. | MJA | 78 | David Bochinski | 2003 | m | OPG | 0:53:58 |
| 136. | 21. | M45 | 48 | Andreas Richter | 1967 | m | JSG Hiddenhausen | 0:54:02 |
| 137. | 13. | M55 | 289 | Albrecht Kanig | 1959 | m | TuRa Löhne Lauftreff | 0:54:03 |
| 138. | 22. | M45 | 46 | Jörg Haubold | 1967 | m | BHC Bad Oeynhausen | 0:54:04 |
| 139. | 18. | MJA | 237 | Julian Poranski | 1996 | m | | 0:54:19 |
| 140. | 14. | M35 | 67 | Matthias Schlinke | 1980 | m | privat | 0:54:19 |
| 141. | 4. | M65 | 157 | Jürgen Boberg | 1950 | m | TG Werste | 0:54:32 |
| 142. | 23. | M50 | 211 | Daniel Dahnke | 1963 | m | TG Werste | 0:54:33 |
| 143. | 23. | M45 | 235 | Olaf Jacobsen | 1970 | m | | 0:54:34 |
| 144. | 19. | MJA | 52 | Torben Wegener | 2005 | m | SV Rödinghausen | 0:54:37 |
| 145. | 21. | M40 | 51 | Jens Wegener | 1971 | m | SG Sparkasse Herford | 0:54:38 |
| 146. | 15. | M35 | 172 | Uwe Janßen | 1977 | m | | 0:54:50 |
| 147. | 10. | M20 | 270 | Michael Trappmann | 1989 | m | | 0:54:55 |
| 148. | 11. | M20 | 134 | Fabian Krone | 1988 | m | | 0:55:08 |
| 149. | 5. | M65 | 167 | Axel Sörensen | 1948 | m | | 0:55:13 |
| 150. | 16. | M35 | 119 | Gregor Danielmeyer | 1976 | m | Herrmannslauf 2028 | 0:55:21 |
| 151. | 17. | M35 | 35 | Lars Lowey | 1978 | m | Dream - Team | 0:55:25 |
| 152. | 24. | M50 | 57 | Erich Bell | 1962 | m | Dream-Team | 0:55:34 |
| 153. | 22. | M40 | 239 | Maik Vahle | 1974 | m | SC Werhe | 0:55:36 |
| 154. | 25. | M50 | 234 | Frank Poranski | 1961 | m | | 0:55:45 |
| 155. | 12. | M30 | 142 | Julian Flottmann | 1981 | m | Herford | 0:55:48 |
| 156. | 24. | M45 | 54 | Karsten Bökensmidt | 1966 | m | Dream - Team | 0:55:58 |
| 157. | 25. | M45 | 162 | Stefan Wunram | 1969 | m | | 0:56:00 |
| 158. | 14. | M55 | 187 | Michael Südhölter | 1960 | m | | 0:56:01 |
| 159. | 26. | M50 | 120 | Rainer Schnier | 1961 | m | Herrmannslauf 2028 | 0:56:36 |

28. Oetinghauser Volkslauf

Ergebnisliste MW+AK Volkslauf 10km

| MWPI | | AK | Startnr | Name | Jahrg. | m/w | Verein | Zeit |
|------|-----|-----|---------|----------------------|--------|-----|----------------------------|---------|
| 160. | 20. | MJA | 113 | Dominik Bierans | 2002 | m | | 0:56:54 |
| 161. | 6. | M65 | 254 | Udo Fischer | 1950 | m | | 0:56:57 |
| 162. | 26. | M45 | 90 | Andreas Budde | 1966 | m | SC Enger | 0:56:57 |
| 163. | 27. | M50 | 71 | Andrew Wendt | 1963 | m | run & fun by Häcker Küchen | 0:57:11 |
| 164. | 21. | MJA | 89 | Benjamin Dahm | 1997 | m | | 0:57:11 |
| 165. | 23. | M40 | 155 | Marko Reeck | 1975 | m | | 0:57:15 |
| 166. | 7. | M60 | 18 | Karl-Heinz Heibrock | 1951 | m | TVC Enger | 0:57:22 |
| 167. | 13. | M30 | 74 | Christian Schulz | 1985 | m | run & fun by Häcker Küchen | 0:58:11 |
| 168. | 27. | M45 | 39 | Oliver Hunger | 1968 | m | | 0:58:17 |
| 169. | 22. | MJA | 80 | Sven Kleine-Klatte | 1998 | m | OPG | 0:58:21 |
| 170. | 28. | M45 | 128 | Karsten Schubert | 1966 | m | | 0:58:22 |
| 171. | 29. | M45 | 253 | Jörn Steffen | 1967 | m | | 0:58:24 |
| 172. | 30. | M45 | 63 | Kristian Otte-Hansen | 1967 | m | | 0:58:35 |
| 173. | 28. | M50 | 164 | Dieter Kleine-Klatte | 1963 | m | | 0:58:38 |
| 174. | 15. | M55 | 290 | Rolf Stickdorn | 1959 | m | DLRG Bad Oeynhaus | 0:58:41 |
| 175. | 29. | M50 | 182 | Wolfgang Schubert | 1964 | m | | 0:58:54 |
| 176. | 3. | M70 | 173 | Gundolf Plappert | 1939 | m | TC Herford | 0:58:57 |
| 177. | 4. | M70 | 92 | Jürgen Bartelt | 1943 | m | TVC Enger | 0:59:03 |
| 178. | 18. | M35 | 243 | Oerver Abt | 1976 | m | Sport Reha Herford | 0:59:09 |
| 179. | 30. | M50 | 65 | Bruno Keiff | 1964 | m | TGH | 0:59:21 |
| 180. | 24. | M40 | 129 | Jörg Gottschling | 1973 | m | | 0:59:22 |
| 181. | 31. | M50 | 163 | Peter Milowii | 1961 | m | Die 2 Herford | 0:59:30 |
| 182. | 32. | M50 | 220 | Dieter Lienen | 1962 | m | LG Oerlinghausen | 1:00:01 |
| 183. | 23. | MJA | 77 | Tobias Bochinski | 2003 | m | OPG | 1:00:09 |
| 184. | 24. | MJA | 226 | Christian Büscher | 1997 | m | | 1:00:13 |
| 185. | 12. | M20 | 212 | Yannick Blase | 1995 | m | | 1:00:20 |
| 186. | 16. | M55 | 189 | Reinhard Vogt | 1960 | m | Herford-Elverdissen | 1:01:19 |
| 187. | 25. | M40 | 170 | Michael Westerhold | 1974 | m | | 1:01:48 |
| 188. | 33. | M50 | 279 | Dirk Telthörster | 1964 | m | | 1:01:56 |
| 189. | 17. | M55 | 148 | Hilbert Kohs | 1956 | m | | 1:02:06 |
| 190. | 5. | M70 | 213 | Wolfgang Bahn | 1945 | m | | 1:02:21 |
| 191. | 26. | M40 | 224 | Thomas Wörmann | 1973 | m | | 1:02:35 |
| 192. | 34. | M50 | 223 | Helge Berghäll | 1962 | m | | 1:02:35 |

28. Oetinghauser Volkslauf

Ergebnisliste MW+AK Volkslauf 10km

| MWPI | | AK | Startnr | Name | Jahrg. | m/w | Verein | Zeit |
|------|-----|-----|---------|------------------|--------|-----|--------|---------|
| 193. | 31. | M45 | 218 | Arno Hildebrandt | 1966 | m | | 1:12:04 |
| 194. | 18. | M55 | 64 | Martin Weber | 1956 | m | | 1:13:49 |

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